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ENJOY THE BOUNTY OF SONORAN DESERT PLANTS

Glendale offers free “Desert Edibles” class on February 4

GLENDALE, Ariz. – The Sonoran Desert is one of the most ecologically diverse deserts in the world with more than 2,000 beautiful native plant species. In addition to being interesting to look at, there was a time when some of these plants were also valuable sources of food and medicine.

Embrace the desert in a new way! Learn which desert-adapted plants are good to eat and which plants have alternative uses by attending the free Desert Edibles class on Saturday, February 4. It is held from 10 a.m. – noon at the Glendale Main Library, 5959 W. Brown St, Glendale. Attendees will learn about delicious foods they can try at home such as prickly pear sorbet and mesquite pancakes. The class is designed to help residents identify low-water-use plants that bring both beauty and bounty to a garden while sustaining our resources.

Glendale Water Services Conservation and Sustainable Living Division’s free “Green-Living” class series is a monthly series with new topics, guest speakers and how-to resources for creating a more sustainable home. The next class will be held on February 22nd at 6 p.m. and will cover cacti and succulent plants. For a complete listing of Glendale’s “Green-Living” class series, go to www.glendaleaz.com/green. Classes are free, but advance registration is required by calling 623-930-3760 or emailing greenliving@glendaleaz.com. You do not have to be a Glendale resident to attend.

*The information shared in the Desert Edibles class is not considered medical or dietary advice.